

FACIAL THERAPY

Through the combination of multi-sensory Payot products, skincare specialists and our philosophical vision of beauty, we have created facial therapies that are utter indulgence with instant visible results. Facial treatments are personalised with a thorough skin diagnosis, skincare solution and homecare prescription. All facial therapies treat face, neck, décolletage to the breast line, down to elbows & scalp to enhance splendour and satisfaction. All 1hr facial therapies commence with a soothing foot ritual.

mudd signature facial 1h 45m

An indulgent facial with dual cleansing & toning ritual, exfoliation, clarifying masque, serum, massage, Payot Institute treatment masque, eye treatment complete with intense lifting & firming of the breast.

deluxe/institute facial 1h 30m

A luxurious facial including cleanse, tone, exfoliation, micro abrasion using rhyolite crystals, clarifying masque, serum, massage and Payot Institute treatment masque.

essential facial 1h

A classic facial including cleanse, tone, exfoliation, clarifying masque, serum, massage and treatment masque.

discovery facial 45m

Introduce your senses to the Payot range including cleanse, tone, exfoliation, dual masque, serum & treatment cream.

Extras:

- collagen eye treatment
- lip treatment
- firming & lifting neck treatment

GENTLEMEN

All treatments we offer at mudd are available for men. We do specially cater for men's treatments by incorporating Payot's *Optimale* range.

mens payot facial 75m

Treat yourself with this enriching facial including cleanse, tone, exfoliation, clarifying masque, serum application and massage, emulsifying masque and eye treatment.

mens pedicure 1h

TANNING

Using Payot's specially formulated Anti-aging Self Tanning Milk to produce a natural tan, leaving skin sublime, soft and comfortable.

Tan Application:

- half body..... 20m
- full body30m
- full body exfoliation & tan application..... 1h



BODY THERAPY

Escape into a sanctuary of wellness with a tantalising body therapy treatment. Using our world-class spa equipment we can deliver the ultimate indulgence to harmonise the body and soul. The treatments combine fruit, herbal and marine extracts which are encumbered through traditional water therapies. Appropriate spa attire will be provided for all wet treatments.

body cocoon 1h 30m

Body polish, body wrap, facial cleanse, steam cabin with chromo (light) therapy, light rain vichy shower, balm application.

vichy shower 1h

Body salt scrub, light rain vichy shower, balm application.

cellulite treatment 45m

Invigorating exfoliation and massage followed by Payot's Biotherapy Cellulise Masque and Treatment Crème.

light legs treatment 45m

Restorative massage and wrapping of the foot and leg to boost micro-circulation and relieve lymphedema.

hydrotherapy spa & aromatic hair infusion 30m

Gentle massaging water currents, scalp massage with orange aromatherapy hair infusion and relaxing mineralising balm.

MASSAGE THERAPY

Begin your treatment with a personalised consultation and specifically designed solution to treat concerns, cleanse the lymphatic system and boost health and wellness. Massage therapy incorporates aromatic essential oils, certified technique and sensory rituals to honour mind, body and soul. All 1hr massages commence with a soothing foot ritual.

- swedish
- remedial
- pregnancy
- relaxation 30m/1h
- hot stone massage 75m

HAND & FOOT THERAPY

spa manicure 75m

Luxurious hand treatment with complete nail and cuticle care, hand and arm treatment, exfoliation, paraffin masque, massage and nail polish of your choice.

spa pedicure 75m

Rejuvenate your feet with complete nail and cuticle care, pedi paddle, exfoliation, foot treatment and paraffin masque, massage and nail polish of your choice.

hand soothe/foot replenish 45m

Immerse yourself in cleansing of the hands/feet, exfoliation, massage, paraffin masque and nail polish of your choice.

COUPLES PACKAGES

unite package 1h 30m

The couples package treats you both to a revitalising foot ritual including bathing and exfoliation. This is followed by a 1hr massage to treat concerns and enhance relaxation. Your journey is completed with delicious canapés and champagne.

harmonise package 75m

Great for friends or family, this package treats you both to our famous spa pedicure in our luxurious couples room, accompanied by delicious canapés and champagne.

CELEBRATION PACKAGES

wedding packages

At mudd we specialise in catering for Bride's and Grooms in the lead up to their big day. Please enquire as to what we can specially design to suit your needs in both wedding preparation and celebration.

mother to be 2h 15m

Spoil the expectant Mum by pampering her from head to toe. She will begin her journey with a relaxing pregnancy massage followed by our luxurious spa pedicure. Package includes canapés and fresh juice.

group bookings

Please contact us to design a package that suits you and your guests needs.

ENHANCEMENTS

makeup application 45m

makeup tuition 1h

waxing & tinting (refer waxing & tinting price list)

HOURS OF OPERATION

Monday 10am to 6.00pm

Tuesday 10am to 6.30pm

Wednesday 10am to 6.30pm

Thursday 10am to 8.30pm

Friday 10am to 6.30pm

Saturday 9am to 5.00pm

Sunday 10am to 3.00pm



mudd

THE SPA

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DISCOVER TRUE LUXURY AT

mudd, The Spa

This five star facility in the parliamentary triangle has been designed with quality and convenience in mind. *mudd, The Spa* integrates contemporary architectural themes with modern facilities and premium service.

This is a place where your health and wellbeing come first. Experience an urban oasis where you can escape the pressures of your day and invigorate your mind, body and soul.

The spa offers five relaxation suites including a couples room, plus a range of quality body and beauty therapies. In addition, you'll have full access to Evo Health Club, located next door. Here you'll find a custom designed 25 metre lap pool, infra-red sauna, steam room, hydrotherapy spa and the fully equipped, state-of-the-art Technogym.

PACKAGES

Allow your senses to be taken on a journey of pure wellness and relaxation with one of our specially designed spa packages.

the realm 5h 15m

- Body Cocoon
- Massage
- Aromatic Hair Infusion
- Deluxe/Institute Facial
- Lunch
- Hand Soothe
- Foot Replenish

Your journey begins with an invigorating body polish followed by the layering of mineral clay before you are enveloped in our exclusive *Body Cocoon*. You are then treated to our aromatic hair infusion and scalp massage before the clay is gently removed with our vichy shower and your body is moisturised and massaged with mineral balm. The focus then moves to a facial ritual and massage, which includes Payot's finest Institute Masques. You will then be revitalised with a light lunch before continuing your journey. This is followed with cleansing of the hands and feet, gentle exfoliation, paraffin masque and nourishing hand and foot massage, completed with nail polish of your choice.



the barton 3h 15m

- Body Cocoon
- Aromatic Hair Infusion
- 1hr Massage
- Essential Facial
- Lunch

Relax and let your mind unwind with an invigorating body polish followed by the layering of mineral clay before you are enveloped in our exclusive *Body Cocoon*. You are then treated to our aromatic hair infusion and scalp massage before the clay is gently removed with our vichy shower and your body is moisturised and massaged with mineral balm – whilst focusing on treating concerns and cleansing the lymphatic system. Your journey continues with mudd's essential facial to cleanse and nourish the skin and enhance its natural radiance. You are then invited into our luxurious relaxation room to indulge your senses to a light lunch.

the chifley 3h

- 1hr Hot Stone Massage
- Essential Facial
- Spa Manicure or Pedicure
- Refreshments/Canapés

This truly indulging treatment begins with a pure relaxation massage. Through the use of hot stone therapy, your muscles are gently stimulated through the combination of warmth and certified techniques. To ensure your entire body is cared for you will then be treated to mudd's essential facial – including massage of the face, neck, décolletage, upper back and scalp – which targets skin concerns and promotes natural skin radiance. Your journey continues with complete nail and cuticle care, exfoliation, hand/foot treatment and paraffin masque followed by a moisturising massage and nail polish of our choice. You will then be replenished with light refreshments and canapés.

the menzies 2h 30m

- Hydrotherapy Spa & Aromatic Hair Infusion
- 1hr Massage
- Essential Facial
- Refreshments/Canapés

Escape to a sensory oasis with a healing *Hydrotherapy Spa* to invigorate and prepare your muscles for a massage. Whilst you relax, your hair is infused with a nourishing orange treatment masque. Following your massage your face is then treated to mudd's essential facial using Payot's biotherapy technology for ultimate skin radiance. Your wellness retreat is complimented with light refreshments and canapés.

the deakin 1h 45m

- Vichy Shower
- Essential Facial

A luxurious blend of ancient sea salt crystals, gently massaged into the body to exfoliate and enrich the skin. A light rain and drenching of water streaming over your body from the hydrotherapy vichy jets followed with a moisturising mineral balm. Your face is then treated to mudd's essential facial, incorporating cleansing and massaging rituals and a biotherapy masque and moisturiser for natural skin radiance.

the evo 1h+

- Day Pass to Evo Health Club & Facilities
- Lunch
- 1hr Massage

Enhance your total body wellness with this exclusive package. Plan your day including full access to Evo Health Club and our luxurious lap pool, sauna, steam room and spa. Workout with state-of-the-art Technogym equipment, relax and enjoy a light lunch and complete your day with a 1hr massage treatment. Perfect for those who are looking to enhance their lifestyle and experience a different approach to fitness combined with relaxing spa therapies.

the reid 1h

- 30m Massage
- 30m Facial

Enjoy an uplifting massage to treat concerns followed by a mudd mini facial. A great body refresher for the time savvy person.



PAYOT
PARIS

For superior face and body treatments, we offer exclusive products from *Payot Paris*. This prestigious French cosmetics house was founded in 1927 by leading doctor and cosmetics pioneer Dr. Nadia Payot. Dr. Payot discovered the cellular secrets that contribute to a healthy, youthful appearance. *Payot* products are characterised by exquisite fragrances, velvety textures and visible anti-ageing results.